

Caregiver Support Groups: Remote/Online



Group	Type	Description	Contact Information
VA Caregiver's Support Line	Remote telephone support line for Veteran family caregivers.	Assistance is just a quick phone call away – while you're supporting a Veteran, we're here to support you. Sometimes, the best thing to do is just talk it out. We have the support and information you need. Our sole purpose is to help you – the wife or husband, mother or father, sister or brother, daughter or son, or loving family member or friend – who cares for a Veteran.	1 (855) 260-3274
Crohn's and Colitis Foundation Caregiver Support Group	Online support community for caregivers to family members with Crohn's disease or ulcerative colitis.	Connect with others who understand what you're facing. Join a 4-week series of weekly chat sessions.	Find more information and get connected http://www.crohnscolitiscommunity.org/chatseries
Well Spouse Association Support Group	Telephone Support Group (TSG) for spouses and partners of persons with chronic illness and/or long-term disability.	recognized, valued and cared about--A place where the hard-won knowledge some have acquired through experience in such intimidating territory—the road maps for navigating the daunting medical system—can be shared to help ease the journey of fellow members. This group meets one weekend afternoon each month. All WSA Support Group participation requires Supporting Membership status but no one is turned away for lack of funds.	Contact: currentwtsg@wellsponse.org
Caregiver Action Network Care Communities	Online support forums for family caregivers.	To post a message, ask a question or offer support to other caregivers, connect to Caregiver Action Network. Your name will not be displayed next to your messages so you can find honesty through anonymity.	http://caregiveraction.org/community
Family Caregiver Alliance Support Groups	Email chain based support group for family caregivers.	The Caregiver-online support group is an email based discussion group. Subscribing adds your email address to the group list. When you send email messages or "posts" to this list, your message is forwarded to the entire group. You can choose to receive either individual posts, which the listserver sends out immediately, or digests, which are a compilation of the day's posts.	https://www.caregiver.org/support-groups
Children of Aging Parents Support Group	An online support group for adults caring for their parents or other relatives. Also provides a list of in-person support groups in different states.	In an effort to provide more immediate support, we CAPS has established an online support group.	For more information, contact: (800) 227-7294 or http://www.caps4caregivers.org/
Cancer Hope Network Support Program	One on one support relationships for family caregivers to cancer patients.	Cancer Hope Network matches family members and caregivers with trained volunteer caregivers who themselves have undergone a similar experience Fill out their form to get matched with a Support Volunteer.	https://www.cancerhopenetwork.org/get-support/get-matched/with-a-caregiver.html
Parkinsons Disease Support Group	Support Group for caregivers, family and friends.	Support and education for those with Parkinson's or who want to know more. Education to community groups is also available.	Jody Ormsby Midland Parkinson's Support Group midlandparkinsons@yahoo.com (432) 352-3258